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Obstetrics & gynaecology

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[Twin Birth Study published!](#)



By [Dr David Moore](#), 14 October 2013

Canadian researchers have recently published the findings of a randomised control trial comparing outcomes for mothers planned vaginal birth to planned vaginal delivery. This study took place over 7 years and across more than 100 countries, a women with twins who gave birth between 32 weeks and 38weeks 6 days of pregnancy. Their findings were in line with have shown that twins tend to be born earlier and with slightly more complications than their singleton counterparts. Additic be born (usually called "twin 2") generally bears more risk than the first twin. Importantly, however, this large, well-condu ***between those who planned a vaginal birth and those who planned a caesarean section.***This finding gives clinicial with which to base their choices and plans about childbirth.The abstract of this landmark clinical trial is available[here](#).

About Dr David Moore



David is a Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, a Queensland. He is highly skilled in the management of complex and high-risk pregnancies, and has specialisation in the management of endometriosis, pelvic floor and incontinence surgery. David has completed a Master of Reproductive Medicine and is currently completing a PhD in the management of fertility problems, and can offer the full range of assisted reproductive treatments. He is a Lecturer at the Queensland Medical School, and has published both medical journal and textbook contributions.

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