



[Dr David Moore](#) » [Obstetrics](#) » [High-risk pregnancy](#)



[High-risk pregnancy](#)

[Share](#) By [Dr David Moore](#), 17 December 2013

What is a high-risk pregnancy?

A high-risk or complicated pregnancy simply means a pregnancy that may be more likely than others to experience problems. Importantly, it certainly does *not* mean that problems are expected; rather, that extra care and vigilance needs to be taken to be sure all risk factors are anticipated, identified, and minimised, to maximise a woman's chance of an uncomplicated pregnancy and delivery.

What makes a pregnancy high-risk?

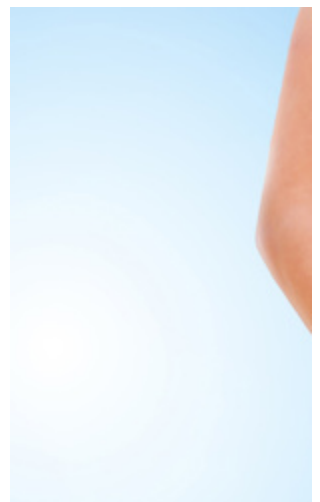
Risk factors may result from conditions affecting the mother, such as high blood pressure, diabetes, heart disease, or being overweight or underweight. They may be based on previous pregnancy complications, such as a history of preterm birth or heavy bleeding after delivery. Finally, risk factors may relate to the pregnancy itself, such as when a mother is expecting twins. Sometimes risk factors aren't apparent at the start of a pregnancy, but develop during the course of pregnancy, such as gestational diabetes, blood pressure disorders, or growth problems with

How are high-risk pregnancies managed?

High-risk pregnancies are best managed by a specialist. Each pregnancy is unique, and no single approach suits all. I will first determine and rationalise any risk factors, both at your initial visit and during subsequent consultations. I will discuss these implications with you, to tailor and plan appropriate management for you and your baby. My practice philosophy places great importance on the education and involvement of my patients in their management to an informed decision-making process, whilst also providing leadership and clear recommendations, where appropriate. Additional specialists are arranged, such as a Physician or Neonatologist (baby specialist).

David practices evidence-based medicine, and strives to ensure all conditions that may complicate a pregnancy are managed in accordance with the latest literature and published guidelines.

The content and information contained on this website is intended to be of a general nature only and is not intended to, nor does it constitute, medical advice. It does not take into account your individual circumstances. No patient relationship is implied or formed. The accuracy, completeness, adequacy, or currency of the content is not warranted or guaranteed. Use of information on this website,



contents of the site, such as text, graphics, images and other materials are for informational purposes only. The content is not intended to be a substitute for professional medical advice of their qualified health providers with any questions regarding a medical condition. Users should never disregard professional medical advice or delay in seeking it because only be made after direct individual consultation. The website does not recommend or endorse any specific tests, products, procedures, or other information that might be mentioned.

About Dr David Moore



David is a Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, a Queensland. He is highly skilled in the management of complex and high-risk pregnancies, and has specialised in endometriosis, pelvic floor and incontinence surgery. David has completed a Master of Reproductive Medicine, specialising in the management of fertility problems, and can offer the full range of assisted reproductive treatments. He is a Lecturer at the Queensland Medical School, and has published both medical journal and textbook contributions.

[« Diet and exercise in pregnancy](#)

[Back to Obstetrics](#)

